



The Current



The Official Newsletter of the Seatack Community Civic League

September 2015

Volume I, Issue 4

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The 2nd Annual ALL NATIONS Community Day Parade

Please mark your calendars for October 17, 2015 and plan to bring your family to the Virginia Beach Oceanfront—help make this the best parade ever!



All cultures and communities from throughout Hampton Roads area and beyond are welcome.

“Come celebrate our community’s cultural diversity together with the oldest African American Community in the United States right in the heart of Virginia Beach....SEATACK”

The 2015 “All Nations” celebration parade is looking for marching bands, performing groups, floats, stilt walkers, clowns, scouts, youth and community groups. More information will be available on the civic league website, at monthly meetings and here in the monthly newsletter. We still taking registrations! If you are interesting in volunteering to assist with the parade in any way, please contact the Civic League 2nd Vice President, Elizabeth “GG” Mills. She welcomes all that are interested in helping.

2015 Seatack Celebration Image Awards Gala

The **Seatack Community Civic League** invites YOU to the 2015 Image Awards Gala! New Hope Baptist Church, E Ray Cox Convocation Center
395 Old Great Neck Road, Virginia Beach, AV 23454
Saturday, October 24, 2015 at 6 o'clock in the evening

Keynote Speaker: “Dr. Harry C. Poole”, Pastor Rehoboth Baptist Church
Celebrating & Honoring the “Seatack Volunteer Fireman”

Tickets are \$ 50.00 per Person or \$500 for a Table

Tickets can be purchased online at www.seatackcivic.org or from SCCL Board Member

THANK YOU FOR YOUR SUPPORT!!!

All proceeds support our children's education programs, such as the Seatack College Prep Funding Project, and other community work of the Seatack Community Civic League. The website for the Seatack College Funding Project:

www.seatackcollegefund.org

Membership—Join Today!

The Seatack Community Civic League Needs You!

Your membership helps support the community of Seatack. Membership dues are accepted at each meeting in the form of cash or checks.

Membership is open to all residents, friends and children of Seatack. Support our children's educational and reading programs. Annual membership dues are \$12 per person. Life membership is available to individuals, business, church, club, family and community groups or organization. SCCL Life Membership is \$250. The fiscal year runs from January 1 to December 31.

Special Note: Senior Citizens who are 75 years of age or older, who have resided in Seatack for 50 years or more, are exempt from paying yearly dues and are still recognized as members in good standing of the civic league. For more information on membership, contact Elizabeth "GG" Mills, 2nd Vice President at ggluckygirl@yahoo.com or 757-831-7362.



2014 Seatack Community Civic League Yearbook

Now Available for sale the 2014 Yearbook. Share our past year activities, events and achievements. Please consider purchasing one today for only \$20.00, see any board member of the civic league to get your copy. Thank you in advance for your support.

REMINDER!
**2nd POLICE PRECINCT
CITIZENS' ADVISORY
COMMITTEE**
Next meeting
September 9, 2015

THE CENTER FOR AGING

 **The Art of
HEALTHY AGINGSM**
Senior Services of Southeastern Virginia

PRESENTED BY


Anthem HealthKeepers
Offered by HealthKeepers, Inc.


Commonwealth Coordinated Care
Medicare & Medicaid working together for you

*Fearless
Caregiving*

INTERACTIVE PANEL DISCUSSION | LOCAL VENDORS | RESOURCES
"A SALUTE TO CAREGIVERS" RECOGNITION
SPONSORED BY 

OCTOBER 9, 2015
9:00 A.M. - 2:00 P.M.
VIRGINIA BEACH CONVENTION CENTER
1000 19TH STREET

JOIN US FOR A FUN AND
INFORMATIVE DAY!



*Don't miss our
KEYNOTE SPEAKER:*


GARY BARGE, CAREGIVER ADVOCATE, SPEAKER AND AUTHOR
FOUNDER/CEO/EDITOR-IN-CHIEF
CAREGIVER.COM/TODAY'S CAREGIVER MAGAZINE/ THE FEARLESS
CAREGIVER BOOK



SEATAACK

Come Out and Enjoy the Fun!

Saturday, October 17, 2015

17th Street Virginia Beach
Oceanfront

12:00 p.m. – 3:00 p.m.

Come Out and Support the
Seataack Community Civic League

President: Mr. George Minns

For More Information

Contact: Barbara Olds

(757) 502-5065

Many, Many More!!

MUSIC FESTIVAL

- Fully Committed
- Upper Room Church on the Rock
- Praise Dancers
- Mount Zion A.M.E.
- New Jerusalem C.O.G.I.C.
- Pastor Peggy Britt
- Adrienne Lee
- Hope Askew
- Charlene Puryle
- The Gregory Brothers
- St. Mark A.M.E.
- IPM C.O.G.I.C.
- Rehoboth Baptist
- Mime Groups
- Scott Copeland
- Jamel Roberts
- St. Stephen's C.O.G.I.C.



2015 National Night Out Celebration

Seatack Community 1st ever Night Out was a huge success!

Thanks to all of our community partners, including but not limited to: Virginia Beach Police 2nd Precinct – Oceanfront, Buckets the Clown—VB Fire Department, Seatack Recreation Center, Tidewater Boy Scout Council, Girl Scout Council of Colonial Coast, Virginia Beach Public Library, Virginia Beach American Association of University Women, and the Southeastern Virginia Health System. The Seatack Community Church Support was **AMAZING!!** Thanks: **Rehoboth Baptist Church, New Jerusalem COGIC, St. Stephens COGIC, Mt Olive Baptist Church, and VB Community Christian Center Church.**



Tammie Rice, National Night Out Coordinator and Dr. Harry C. Poole,



Virginia Beach Police Mounted Patrol was a big success with the kids.



Seatack Recreation Center Upcoming Events

- **3 v 3 Basketball Tourney**—Saturday, September 12th, 12-3pm
- **Silver Sneaker Yoga** – Begins Friday, September 4th, 10:30-11:30am (Meets every Friday)
- **Beginner Archery** – Sunday, October 4th, 9am to 1pm

More information on each activity can be found in the Virginia Beach Parks and Recreation summer program catalog.

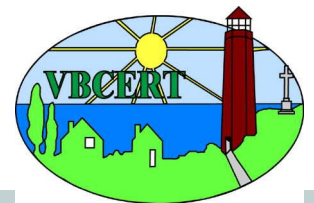


Virginia Beach Community Emergency Response Team

Neighbors Helping Neighbors During Catastrophic Events

Classes held throughout the year!!! Training conducted at the City of Virginia Beach Fire and EMS Training Center 927 South Birdneck Road

- Enjoyable and informative classroom lessons and hands-on training
- Learn life-saving skills and emergency preparedness
- Practical exercise at completion of classroom training
- Continuing education training sessions
- Get into the team spirit working with other civic-minded citizens



Virginia Beach Community
Emergency Response Team

Sessions start August 6th, more information will be available at the August Civic League meeting.

MENTAL HEALTH FIRST AID

Mental Health First Aid is an 8-hour training course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. **Youth Mental Health First Aid** reviews the unique risk factors and warning signs of mental health problems in adolescents ages 12-18. It emphasizes the importance of early intervention and covers how to help an adolescent in crisis or experiencing a mental health challenge. The course is intended for anyone 16 years of older to learn how to help young people.

You Could be the Help Someone Needs

GET TRAINED!

Learn More by contacting: Behavioral Health and Wellness Prevention Services

Coordinator: Sabrina Pugh, MHFA at 757-385-0827

Free Arts and Crafts at Lynnhaven House



The Lynnhaven House Colonial Education Center will host a free arts and crafts day on Saturday, September 12 from 11 a.m. to 3 p.m. All are welcome to come make a clay pot, paper dolls, and many more free arts and crafts projects.

“The Lynnhaven House Colonial Education Center has long been a steward of Virginia Beach’s colonial history,” said Travis Halstead, history museums manager for the City of Virginia Beach. “Inviting the public to learn by doing, especially with fun crafts, is just another way we can continue to offer history lessons.”

The arts and crafts day is free to all participants and preregistration is not required. Children will need an adult to accompany them during the event. There will be arts and crafts for adults and children, but smaller children may need assistance.

Tours are also available for \$8 for adults, \$7 for seniors, and \$5 for students, and will be offered throughout the day. Children 5 and under are free.

For more information, please Shirin Spencer at (757) 385-5156 or sspencer@vbgov.com. The Lynnhaven House Colonial Education Center is located at 4409 Wishart Road in Virginia Beach.

September Garden Tips



Perennials, especially spring bloomers, can be divided now. Enrich the soil with peat moss or compost before replanting.

Make sure your trees and shrubs get abundant water, rain or irrigation during the fall months. Most plants are making flower buds now for next spring and a lack of water will affect your spring blooms.



CITY OF VIRGINIA BEACH NOW RECRUITING – PAID-VOLUNTEERS NEEDED ON ELECTION DAY!

The City of Virginia Beach Voter Registrar’s Office is looking for citizens to work as Poll Workers on Election Day. A new voting system has been purchased and we are looking for qualified individuals to serve. There are 4 elections in the upcoming 15 months. Civic-minded citizens are essential to the electoral process. We are reaching out to the community for assistance.

- ✓ Tuesday, November 3, 2015 General Election
- ✓ Tuesday, March 1, 2016 Presidential Primary Election
- ✓ Tuesday, June 14, 2016 Party Primary
- ✓ Tuesday, November 8, 2016 Presidential Election

Election Officials are paid \$140.00 each election and an additional \$20 to attend a specialized 3-hour training class.

TO SIGN UP: Complete the Notice of Appointment Form and Oath found online at

http://www.vbgov.com/government/departments/Voter-registrar/Documents/Notice_of_Appointment_with_W9.pdf

Call Keith at 757-385-8683 or stop by the Voter Registrar’s Office at the Virginia Beach Municipal Center in Building 14.



Oceanfront Area Library—September Scheduled Events

700 Virginia Beach Boulevard

Virginia Beach, VA 23451

(757) 385-2640

Nursery Rhyme Olympics (Ages 3-5)
on 9/2 at 10:30 am

Bricks at the Beach (Lego Club)
Grades K-5 on 9/8 at 4:30pm

Just 2's (Age 2) - 9/15, 9/22, 9/29 at
9:30am Registration Required

On My Own (Ages 4-5) - 9/15, 9/22,
9/29 at 10:30am Registration Required

Preschool Science (Ages 3-5) - 9/15,
9/22, 9/29 at 2:30pm Registration
Required

3's Please (Age 3) - 9/16, 9/23, 9/30 at
10:30am Registration Required

Combined Rhyme Time (Ages 6-24Mos)
9/17, 9/24 at 9:30am Registration Required

Onesies (Age 1) - 9/17, 9/24 at 10:30am
Registration Required

Owl Make and Take Craft (All Ages) 9/19
10am to 4:30pm

Pawsitive Reading with Therapy Dogs
(Grades K-5) at 10:30am Registration
Required



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Back to School Word Search

APPLE

BACKPACK

BOOKS

ERASER

MATHEMATICS

PLAYGROUND

READING

STUDENT

STUDY

TEACHER

WRITING



S P A R Q G O A G I K T O T O

J L Z Z E N O N S K O O B J F

X A J C P S I S T U D Y J U W

I Y B Y V D A I R R D L L E N

T G I F A J L R V H W I P B K

J R S E G K S W E R E T X H E

M O R X Z I G X A F Z N P Z Q

C U O D E N I Z M P Q K V X B

N N N H J S H H Q K P A T A W

N D T N E D U T S H V L C F R

S C I T A M E H T A M K E W I

J V A G Y W M K J I P I M H T

B Q Z V Z T J N I A O R X U I

Y Q X I S N B R C K C I Y U N

T E A C H E R K W R F D J R G



Seatack Community Civic League
PO Box 4252
Virginia Beach, VA 23454

We're on the Web www.seatackcivic.org

Who?: The Seatack Community Civic League

What?: Are meeting and accepting new members!

When?: The 1st Monday night of the month at 6:30pm

(Exception Monday Holidays—2nd Monday night of the month)

Where?: Seatack Community Recreation Center

Membership is open to all residents, friends, and children of Seatack

Next Meeting is Monday, September 14, 2015

6:30pm at Seatack Recreation Center

Join us Today!

Email: seatackcivic@gmail.com